

Effects of nicotine, its metabolites and tobacco extracts on human platelet function *in vitro*

Liza Ljungberg, Karin Persson, Andreas Eriksson, Henrik Green and Per Whiss

Linköping University Post Print



N.B.: When citing this work, cite the original article.

Original Publication:

Liza Ljungberg, Karin Persson, Andreas Eriksson, Henrik Green and Per Whiss, Effects of nicotine, its metabolites and tobacco extracts on human platelet function *in vitro*, 2013, Toxicology in Vitro, (27), 2, 932-938.

<http://dx.doi.org/10.1016/j.tiv.2013.01.004>

Copyright: Elsevier

<http://www.elsevier.com/>

Postprint available at: Linköping University Electronic Press

<http://urn.kb.se/resolve?urn=urn:nbn:se:liu:diva-91549>

EFFECTS OF NICOTINE, ITS METABOLITES AND TOBACCO EXTRACTS ON HUMAN PLATELET FUNCTION *IN VITRO*

Liza U Ljungberg, PhD^{a,b}, Karin Persson, PhD^b, Andreas C Eriksson, PhD^b, Henrik Green, PhD^{b,c}, Per A Whiss, PhD^b

^a Division of Cardiovascular Medicine, Department of Medical and Health Sciences, Faculty of Health Sciences, Linköping University, SE-581 85 Linköping, Sweden

^b Division of Drug Research, Pharmacology, Department of Medical and Health Sciences, Faculty of Health Sciences, Linköping University, SE-581 85 Linköping, Sweden

^c Science for Life Laboratory, School of Biotechnology, Division of Gene Technology, Royal Institute of Technology, SE-171 65 Solna, Sweden

Correspondence:

Liza U Ljungberg, Division of Cardiovascular Medicine, Department of Medical and Health Sciences, Faculty of Health Sciences, Linköping University, SE-58185 Linköping, Sweden

Email: liza.ljungberg@liu.se, liza.ljungberg@gmail.com

Telephone: +46 10 1037476

Fax: +46 13 149106

ABBREVIATIONS: ADP: adenosine 5-diphosphate, ELISA: enzyme-linked immunosorbent assay, HPLC: high-performance liquid chromatography, IBMX: 3-Isobutyl-1-methylxanthine, ODQ: 1,2,4-Oxadiazolo[4,3-a]quinoxalin-1-one, PBS: phosphate-buffered saline

HIGHLIGHTS

- Tobacco extracts inhibit platelet adhesion to proteins surfaces.
- This effect is independent of nitric oxide and a platelet nicotine receptor.
- Nicotine and nicotine metabolites have limited effect on platelet activity in vitro.

ABSTRACT

Cigarette smoking is a leading cause of cardiovascular disease. The cardiovascular effects of smoking are probably multifactorial, including effects on platelets. Previous reports investigating the effects of nicotine and tobacco on platelet function are inconsistent.

The present study investigated *in vitro* effects of nicotine, its major metabolites, tobacco extracts and extract of tobacco-free snuff on human platelets.

None of the metabolites cotinine, cotinine-N-oxide, nicotine-1'-N-oxide or trans-3'-hydroxycotinine (0.1-10 μ M) affected platelet aggregation or P-selectin expression. Nicotine (10 μ M) weakly increased platelet aggregation, whereas trans-3'-hydroxycotinine (0.1 μ M) and nicotine-1'-N-oxide (1-10 μ M) weakly inhibited adhesion to fibrinogen. To elucidate the influence of other tobacco compounds, we investigated the impact of moist tobacco and smoke extracts on platelet function. Filtered extracts of oral snuff, cigarette smoke and tobacco free snuff inhibited platelet adhesion concentration-dependently. The inhibitory effects of tobacco extracts on platelet adhesion were independent of nicotine content and the nitric-oxide-pathway and not mediated through a platelet-nicotine-receptor.

Taken together, tobacco extracts inhibit platelet activation during short-term *in vitro* challenge. As only limited effects of nicotine and nicotine metabolites were seen, the tobacco-induced platelet inhibition are likely induced by other compounds present in tobacco and tobacco free snuff.

KEYWORDS: cigarette smoke, moist tobacco, nicotine metabolite, platelet adhesion, platelet aggregation, snuff

INTRODUCTION

There is no doubt about the harmful effects of smoking on the cardiovascular system. The exact mechanisms by which smoking induces cardiovascular disease are not entirely known, but are most likely multifactorial. The effects of cigarette smoke on platelets have been investigated in numerous studies, but the results are somewhat contradictory. Cigarette smoke has been shown to activate platelets, which results in increased clot strength *ex vivo* (Barua et al., 2010) and increased P-selectin expression (Lupia et al., 2010). In addition, smokers show increased spontaneous aggregation *ex vivo* (Fusegawa et al., 1999) and smoking has been found to increase agonist induced platelet aggregation *in vitro* (Hung et al., 1995). However, there are also studies showing that platelet aggregation after *in vitro* activation, as well as *in vitro* bleeding time is either unchanged or decreased in smokers compared to non-smokers (Brockmann et al., 2001; Nair et al., 2001). Smokeless oral tobacco is probably less harmful than cigarettes, although long-term use of oral snuff, has been shown to increase the risk of fatal myocardial infarction (Hergens et al., 2007). Studies on the influence of oral snuff on platelet function are scarce, but one study showed unchanged urinary levels of a metabolite of the platelet activation marker thromboxane A₂ after use of oral snuff (Wennmalm et al., 1991).

Tobacco products are complex mixtures of compounds, containing not only nicotine, but also a numerous of other pharmacologically active substances (Benowitz & Gourlay 1997). Nicotine affects the cardiovascular system in many ways, some mechanisms being well characterized. By activating the sympathetic nervous system, nicotine induces increased heart rate and myocardial contraction, vasoconstriction in the skin and adrenal and neural release of catecholamines (Benowitz 1996). Nicotine can also affect lipid metabolism (Cluette-Brown et al., 1986), accelerate the development of atherosclerosis (Strohschneider et al., 1994) and induce endothelial dysfunction (Chalon et al., 2000). After entering the circulation, nicotine is subjected to extensive metabolism, resulting in a number of major and minor metabolites. On average, 70-80% of the nicotine is metabolized to cotinine, about 4% is converted to nicotine-1'-N-oxide and 0.4% to nornicotine (Benowitz & Jacob 1994). Cotinine is further metabolized to cotinine-N-oxide and trans-3'-hydroxycotinine, among others (Benowitz et al., 1994). Trans-3'-hydroxycotinine is the most abundant metabolite in urine, accounting for on average 38% of the metabolites (Benowitz et al., 1994). As most of the metabolites have a considerably longer physiological half-life compared to nicotine, plasma concentrations of nicotine metabolites in tobacco users tend to accumulate throughout the day (Benowitz & Jacob 1994; Benowitz & Jacob 2001). Although the concentration of some of the nicotine metabolites in the blood is far higher than nicotine in tobacco users, few earlier studies have examined their effect on the cardiovascular system. Also, the direct effects of tobacco on platelets are relatively unknown. This study aimed to investigate the effects of nicotine, nicotine metabolites, tobacco extracts and tobacco free snuff on platelet function *in vitro*.

METHODS

Experimental design

This study investigates the effect of tobacco on platelet function *in vitro*. Platelet adhesion, aggregation and P-selectin expression were evaluated after exposure to nicotine and its four most abundant metabolites in plasma. As tobacco products contains not only nicotine, but also a huge number of other substances, the effect of tobacco extracts (cigarette smoke and moist tobacco) on platelet adhesion were investigated. Moreover, a tobacco free substitute (choice apple) was also studied to investigate possible platelet effects of a plant extract that is used as an aid to stop smoking or using snuff. The impact of tobacco extracts on platelets was evaluated alone or in combination with known platelet activators (ADP and adrenaline). In addition, in order to study if the effect of the tobacco extracts were mediated via the nitric oxide (NO) system, which is known to inhibit platelets *in vitro* and *in vivo*, platelets were pre-treated with 1) a phosphodiesterase inhibitor (IBMX) which inhibits degradation of cGMP resulting in augmented effect of NO, or 2) guanylyl cyclase inhibitor (ODQ) which inhibits the synthesis of cGMP and thus inhibits the effect of NO. Finally, platelets were pre-treated with the nicotine-receptor antagonist mecamylamine, to study if the effect of the extracts were mediated through the platelet nicotine receptor.

Nicotine and Nicotine metabolites

Nicotine and four of its most abundant liver metabolites, cotinine, nicotine-1'-N-oxide, cotinine-N-oxide and trans-3-hydroxycotinine, found in plasma were studied. Nicotine and cotinine were bought from Sigma-Aldrich (St Louis, MO, USA), while nicotine-1'-N-oxide, cotinine-N-oxide and trans-3'-hydroxycotinine were kind gifts from Dr Georg B. Neurath (Hamburg, Germany). All drugs were dissolved in distilled water, except for cotinine which was dissolved in ethanol and dilutions were made in 0.9% NaCl. Nicotine and nicotine metabolites were used in concentrations similar to those found in plasma from tobacco users (Benowitz et al., 1994).

Preparation of tobacco extract

Extract of oral snuff and tobacco free snuff was prepared using a protocol previously described (Petro et al., 2002), with a few modifications. Ten grams of oral (Ettan moist, Swedish Match, Stockholm, Sweden, and Copenhagen snuff fine cut, US Smokeless Tobacco Company, Richmond, VA, USA) or tobacco free snuff (Choice Apple, Nicofree, Trångsviken, Sweden) were mixed with 100 ml phosphate-buffered saline (PBS) and incubated for 2 h at 37 °C. The mixture was centrifuged for 10 min at 450×g followed by collection of the supernatant and re-centrifugation for 1 h at 13,000×g. The suspension was filtered through a 0.2-µm filter and pH was adjusted to 7.4 before being aliquoted and stored at -70 °C. The concentration of the filtered solution was considered as 100%.

Cigarette smoke extract was prepared as described (Su et al., 1998), with few modifications. Smoke from two Camel filter cigarettes (R. J. Reynolds Tobacco Company, Winston-Salem, NC, USA) was drawn through 10 ml PBS, pre-warmed to 37°C, using water suction at a constant flow. All cigarettes were smoked to the same level (approximately 80% of the cigarette) and each cigarette was smoked for 5 min ±30 sec. The solution was sterilized using a 0.2 µm filter and the obtained solution was considered as 100%. Cigarette smoke extract was prepared 30 min prior to use. A broad concentration range was used for the tobacco extracts (0.001-10%) to cover the plasma concentrations of the different constituents in tobacco

Analysis of nicotine content in tobacco extract

High-performance liquid chromatography (HPLC) was used to separate nicotine from other constituents and nicotine content was quantified using a UV detector. The system consisted of a P680 HPLC pump from Dionex (Sunnyvale, CA, USA), a Gina 50 autosampler and a photo-diode array UV-detector UVD340U from Gynkotec (Germinger, Germany). The column was an X-bridge C18 3 μ m, 3x100 mm from Waters (Milford, MA, USA). Samples were separated using a mobile phase consisting of 5:95 (v/v) acetonitrile:ammonium formate 10 mM, pH 4.2, at a flow rate of 500 μ l/min. Each sample was injected into the HPLC system in a volume of 20 μ l and nicotine was detected at a wavelength of 260 nm. The run time for each sample was 4 min and the retention time was 2.3 min. A standard curve was constructed using 25, 50, 100 and 250 μ M of nicotine. Cigarette smoke extract was diluted 1:1-1:5 in mobile phase, while oral snuff extract was diluted 1:25.

Subjects

The study conforms with the principles outlined in the Declaration of Helsinki, Finland 1964 and later revisions, and was approved by the Regional Ethical Review board in Linköping, Sweden. Blood was consecutively collected from healthy blood donors at the Blood Transfusion Centre, University Hospital, Linköping, Sweden. Blood donors were included only if they declared that they were non-tobacco users; had not used any antiplatelet drug such as aspirin for 2 weeks prior to the study; during the 3 previous months not suffered fever after visiting malaria region; suffered medical treatment-required conditions; been pregnant; used acupuncture, tattoo or piercing; been treated by dentist the previous 14 days; or had been vaccinated or suffered infection the previous month. In total, blood from 60 different blood donors was used.

Platelet aggregation

Venous blood was collected in silicone-coated vacutainer tubes with 3.8% trisodium citrate (blood/anticoagulant 9:1; BD Vacutainer®, Plymouth, UK). Platelet-rich plasma was obtained by centrifugation at 220 \times g for 20 min; platelet poor plasma was prepared by further centrifugation at 1500 \times g for 10 min. *In vitro* platelet aggregation induced by 10 μ M adenosine 5-diphosphate (ADP) was measured as previously described (Persson et al., 2000) in a Spectramax microplate reader (Molecular Devices, Sunnyvale, CA, USA).

Static platelet adhesion

Static platelet adhesion to albumin, collagen and fibrinogen was studied in 96-well microplates using a method previously described (Eriksson & Whiss 2005). These surfaces were chosen since platelets use different adhesive mechanisms in order to adhere to different proteins. Platelet adhesion in this assay is known to be dependent on integrin $\alpha_2\beta_1$ for adhesion to collagen, while adhesion to fibrinogen and albumin occurs through integrin $\alpha_{IIb}\beta_3$ (Eriksson & Whiss 2009).

Venous blood was collected in 102 IU sodium heparin tubes (BD Vacutainer®). Platelet-rich plasma (PRP) was prepared and adhesion of platelets in plasma was investigated by incubating PRP in the presence of drugs/tobacco-extracts in the coated microplate wells for 1h in room temperature. We also wanted to evaluate the effects of drugs/tobacco-extracts on platelet adhesion induced by the combination of a protein surface and a soluble platelet activator. In these experiments, the incubation was performed in the presence of added ADP or adrenaline (Mylan AB, Stockholm, Sweden). Furthermore, to investigate the possible influence from the nitric oxide system, PRP was incubated in the presence of either 3-Isobutyl-1-methylxanthine (IBMX; Sigma-Aldrich) or 1,2,4-Oxadiazolo[4,3-a]quinoxalin-1-

one (ODQ; Sigma-Aldrich). After incubation, the microplates were washed followed by detection of adhered platelets by an enzymatic/spectrophotometric procedure.

Platelet P-selectin surface expression

Blood was drawn into siliconized vacutainer tubes (BD Vacutainer®) containing 1:6 vol of acid citrate dextrose (0.7 mM citric acid, 9.3 mM sodium citrate, and 13.6 mM dextrose). Platelet P-selectin surface expression was analyzed by a previously described ELISA (Whiss et al., 1997). Briefly, isolated platelets in Hepes-buffered solution were incubated for 30 min with nicotine and nicotine metabolites prior to challenge with 10 μ M ADP, 0.1 U/ml thrombin (Sigma-Aldrich, St Louis, MO, USA) or solvent (Hepes-buffered solution) for 3 min at room temperature during a gentle rocking motion. After fixation, residual protein-binding sites in platelet-coated wells were blocked with PBS containing 5% bovine serum albumin for 1 h. This was followed by a washing procedure and incubation for 1 h with mouse monoclonal antibodies against P-selectin (clone 1E3, Dako A/S Glostrup, Denmark) and another 1 h incubation with secondary rabbit anti-mouse antibodies coupled to alkaline phosphatase (Dako A/S Glostrup, Denmark). Substrate hydrolysis by phosphatase was measured at 405 nm using a Spectramax microplate reader.

Statistics

Data are expressed as mean \pm SEM. Each *n* represents independent experiments using platelets from different blood donors. The platelet adhesion, aggregation and P-selectin experiments were performed in duplicates. Statistical significance was calculated using ONE-way ANOVA for repeated measures followed by Dunnett's multiple comparison test. P-values <0.05 were considered statistically significant. Statistical analyses were carried out using GraphPad Prism 5 for Windows (version 5.04, GraphPad Software Inc, La Jolla, CA, USA).

RESULTS

Effects of nicotine and its metabolites on platelet function

At 0.1-10 μM none of the metabolites cotinine, cotinine-N-oxide, nicotine-1'-N-oxide or trans-3'-hydroxycotinine affected ADP-induced platelet aggregation. Only nicotine at 10 μM caused a weak but significant increase in platelet aggregation (Fig 1).

Nicotine, cotinine and cotinine-N-oxide had no effect on platelet adhesion to the protein surfaces albumin, collagen or fibrinogen. Trans-3'-hydroxycotinine caused a weak inhibition on the fibrinogen surface exclusively at 0.1 μM and nicotine-1'-N-oxide inhibited adhesion to fibrinogen at both 1.0 and 10 μM (Fig 2).

To study the effects on an activation marker on platelets, nicotine and its metabolites were tested for their capacity to affect P-selectin surface expression on isolated platelets. None of the compounds caused any significant effect in this platelet assay (supplementary appendix A).

Effect of tobacco extract on platelet adhesion

The effect of oral snuff extract, cigarette smoke extract and extract of the tobacco free snuff Choice apple on static platelet adhesion to protein surfaces was studied. A reduction in platelet adhesion to collagen and fibrinogen was seen after treatment with 10% Ettan moist extract (Fig 3A). Copenhagen moist extract 10% reduced platelet adhesion to collagen while adhesion to fibrinogen was reduced at 3% and 10% (Fig 3B). Extract of Camel cigarette smoke induced a significant decrease in adhesion to albumin and fibrinogen at all concentrations (0.001-10%), while the adhesion to collagen was decreased at 3% and 10% (Fig 3C). Choice apple extract 10% reduced platelet adhesion to collagen while adhesion to fibrinogen was reduced at 3% and 10% (Fig 3D).

To further explore the inhibitory effects of tobacco extract on platelet adhesion, platelets were treated with tobacco extracts in combination with known platelet activators (ADP and adrenaline). Treatment with ADP and adrenaline alone increased the adhesion to albumin (Fig 4). Ettan moist induced a dose dependent reduction in adrenaline-induced adhesion to albumin, while ADP-induced platelet adhesion was inhibited at 10% (Fig 4A). Camel extract 10% reduced both ADP and adrenaline-induced adhesion to albumin (Fig 4B). Ettan moist 10% and Camel extract inhibited adrenaline-induced adhesion to both collagen and fibrinogen, while no effect was seen on ADP-induced platelet adhesion (supplementary appendix B).

In order to study the cellular mechanisms behind the inhibitor effects of Ettan moist and camel extract on platelet adhesion, platelets were pre-treated with drugs that interfere with the nitric oxide system. Pre-incubation with IBMX (phosphodiesterase inhibitor) or ODQ (guanylyl cyclase inhibitor) did not affect the inhibitory effect of the tobacco extracts (data not shown).

To evaluate if the inhibitory effects of Ettan moist and Camel extract were mediated by nicotine, platelets were pre-treated with the nicotine-receptor inhibitor mecamylamine. Pre-incubation with mecamylamine did not affect the inhibitory effect of the tobacco extracts on platelet adhesion (data not shown).

Analysis of nicotine content in tobacco extracts

The nicotine content in 100% oral snuff extract was 4.5 mM and 6.5 mM in Ettan and Copenhagen snuff respectively, while the nicotine concentration in the cigarette smoke extract ranged from 300-643 μ M. For the HPLC analysis, the between-day relative standard deviation (RSD) and precision were $\leq 8\%$ and 98-101%, respectively (n=4 for 2 different concentrations) and the within-day RSD and precision were $\leq 9\%$ and 96-103%, respectively (n=4 for 2 different concentrations).

DISCUSSION

Studies investigating the effects of specific nicotine metabolites on the cardiovascular system are sparse, although several nicotine metabolites have been shown to be pharmacologically active (Crooks & Dwoskin 1997; Ljungberg & Persson 2008; Vainio et al., 2000). Previous findings from our lab show that nicotine and some of its metabolites increase activity and expression of angiotensin-converting enzyme in human endothelial cells (Ljungberg & Persson 2008), however, no previous study has investigated the effects of the metabolites on platelet function. The present study showed that trans-3'-hydroxycotinine and nicotine-1'-N-oxide induced a small but significant decrease in platelet adhesion to fibrinogen. As the plasma concentrations of some of the metabolites are far higher than nicotine (Benowitz & Jacob 1994; Benowitz & Jacob 2001), their impact on platelet function may be of physiological importance. In the present study, nicotine on the other hand had no effect on platelet adhesion to protein surfaces or platelet P-selectin expression, but induced a small but significantly increased ADP- induced platelet aggregation. Previous *in vitro* studies have shown both increased (Pfueller et al., 1988; Renaud et al., 1984), decreased (Becker et al., 1988; Rubenstein et al., 2004; Toivanen et al., 1986) and no effects (Nowak et al., 1996; Rubenstein et al., 2004) of nicotine on platelet activity. These diverse results are probably caused by the complex and diverse mechanism of nicotine, which is not readily degraded or removed from the receptor vicinity, leading to both agonistic and antagonistic properties in functional studies (Gahring & Rogers 2005; Schedel et al., 2011). Since metabolites, such as cotinine, can inhibit cellular responses of nicotine and vice versa, this adds further difficulties to interpret the effects of nicotine (Vainio et al., 2000). The diverse mechanism of nicotine was observed in a previous study in our lab, which showed that nicotine infusion in tobacco users resulted in a rapid decrease in collagen-induced platelet aggregation which was restored after 2 h (Whiss et al., 2000). However, in the same subjects an up-regulation of platelet P-selectin expression was seen 2 h after nicotine infusion (Whiss et al., 2000), suggesting that both time and analysis method are essential in order to elucidate the effect of nicotine on platelet function. In addition, nicotine has been reported to increase the expression of the ADP-receptor P2Y₁₂ *in vitro* in cultured human megakaryoblastic cells (Shanker et al., 2006), suggesting that smoking may result in production of transformed platelets. Furthermore, human platelets was recently shown to express functional nicotinic acetylcholine receptors (Schedel et al., 2011) and the authors suggested that agonist binding to this receptor induces Ca²⁺ influx and enhanced fibrinogen receptor activation but not platelet degranulation. As a further evidence of nicotine as both an activator and an inhibitor on platelet function, platelet aggregation was inhibited by a selective α 7-nicotinic acetylcholine receptor agonist (Schedel et al., 2011).

As nicotine and nicotine metabolites only had limited and diverse effects on platelet activation in the present study, we hypothesized that other compounds in cigarette smoke could have greater impact on platelet function. Our findings showed that extract of cigarette smoke, oral snuff and tobacco free snuff inhibit platelet adhesion. The nicotine content in tobacco extracts did not appear to affect the level of platelet inhibition. The cigarette smoke extract, which contained the least nicotine of the tobacco extracts, was the extract that inhibited platelet adhesion at the lowest concentration. As nicotine and its metabolites caused such small effects *per se*, the effects of the tobacco extract are most likely mediated by other platelet inhibiting substances present in tobacco. Phenolic compounds, a class of antioxidants found in many plants (Kahkonen et al., 1999), and consequently also found in cigarette smoke (McGrath et al., 2009; Riveles et al., 2005), have previously been reported to inhibit platelets. The phenolic compounds rutin and quercetin have been reported to inhibit platelet aggregation (Gryglewski et al., 1987; Wright et al., 2010). Quercetin was also shown to reduce platelet

release of serotonin (de Gasparo et al., 2000) and platelet surface expression of CD40L (Pignatelli et al., 2005). Importantly, the phenolic compounds quercetin and catechin have also been reported to synergistically inhibit platelet aggregation and adhesion (Pignatelli et al., 2005). As these phenolic compounds are widely distributed in many plants it may explain the inhibitory effects after treatment with tobacco free snuff seen in the present study. Tobacco also contains salicylic acid (Perfetti & Rodgman 2008), a well-known platelet inhibitor, which may contribute to the inhibitory effect of tobacco. In addition, raw tobacco as well as cigarette smoke contains nitric oxide (Perfetti & Rodgman 2008) which is known to inhibit platelets. However, our study showed no effect on tobacco induced platelet inhibition when platelets were pre-treated with the phosphodiesterase inhibitor IBMX, which potentiates the effect of NO, and no effect of the guanylyl cyclase inhibitor ODQ, which abolishes the effect of NO. This suggests that the inhibitory effect of tobacco extracts on platelet adhesion is not mediated by nitric oxide. Furthermore, carbon monoxide is present in tobacco smoke (Perfetti & Rodgman 2008) and has been shown to inhibit platelets (Chlopicki et al., 2006). Carbon monoxide may well contribute to platelet inhibition after treatment with smoke extract, but cannot explain the effects of smokeless tobacco. The presence of different platelet inhibitors in tobacco makes it possible to hypothesize the occurrence of synergistic inhibitory interactions.

Numerous studies have revealed that smoking results in increased platelet activity as well as elevated risk for thrombosis (Barua et al., 2010; Davis & Arnold 1992; Fusegawa et al., 1999; Hung et al., 1995; Lupia et al., 2010). Evaluation of platelet activity after tobacco use or after intravenous infusion of nicotine may however reflect endothelial dependent effects on platelet function. Both smoking and nicotine can cause endothelial dysfunction and subsequently reduced nitric oxide availability (Chalon et al., 2000; Mayhan & Patel 1997; Neunteufl et al., 2002), which may result in increased platelet activity. In addition, the synthesis of TXA₂ by COX-2 is increased in smokers, which probably is the result of COX-2 activity in inflammatory cells (McAdam et al., 2005). Nonetheless, it is probable that cigarette smoking also does act in more direct ways to affect platelet function. A recent study showed up-regulation of adhesive proteins (platelet glycoprotein IIb, beta-actin and Factor XIII-A subunit) on platelets from smokers as compared with non-smokers, whereas platelet function was similar (Della Corte et al., 2011).

Taken together, the direct effect of tobacco and/or nicotine on platelet activity is difficult to elucidate from *in vivo* studies, since platelets can be affected in several indirect ways. Most previous studies investigate the effect of either smoking or intravenous infusion of nicotine, where nicotine has been subjected to metabolism. The results from those studies may represent the sum of both nicotine and nicotine metabolite mediated responses. However, the present study allowed us to distinguish the effects of nicotine and the different metabolites *per se*. Our study examining direct effect of tobacco on platelets showed that treatment with tobacco extract *in vitro* inhibits platelet adhesion to protein surfaces. As only a limited effect of nicotine and nicotine metabolites were seen, this effect is likely due to other platelet inhibitors present in tobacco. This effect could be mediated by for example phenolic compounds or some unknown and untested component present in various plants since platelet inhibition was observed also with tobacco free snuff. The effects could also be a complex mechanism of additive and synergistic action by several of the many compounds present in tobacco and other plants.

FUNDING

This study was supported with grants from the Swedish Research Council, Cardiovascular Inflammatory Research Centre (CIRC, Linköping University, Sweden), Hälsofonden (Linköping, Sweden), County Council of Östergötland (Linköping, Sweden), Eleanora Demeroutis Foundation for Cardiovascular Research (Linköping, Sweden) and The Medical Advisory Council (Swedish Match Northern Europe AB).

DECLARATION OF INTEREST

The authors declare no conflicts of interest.

ACKNOWLEDGEMENTS

The authors thank Sven and Gullan Persson, Sandbergs Cigaraffär (Ystad, Sweden) for supplying us with cigarettes, Swedish Match (Stockholm, Sweden) for the oral snuff, Nicofree AB (Trångsviken, Sweden) for the tobacco free snuff, and Jenny Nilsson for performing some of the experiments.

REFERENCES

- Barua, R.S., Sy, F., Srikanth, S., Huang, G., Javed, U., Buhari, C., Margosan, D., Ambrose, J.A. (2010). Effects of cigarette smoke exposure on clot dynamics and fibrin structure: an ex vivo investigation. *Arterioscler Thromb Vasc Biol* 30, 75-79.
- Becker, B.F., Terres, W., Kratzer, M., Gerlach, E. (1988). Blood platelet function after chronic treatment of rats and guinea pigs with nicotine. *Klin Wochenschr* 66 Suppl 11, 28-36.
- Benowitz, N.L. (1996). Pharmacology of nicotine: addiction and therapeutics. *Annu Rev Pharmacol Toxicol* 36, 597-613.
- Benowitz, N.L., Gourlay, S.G. (1997). Cardiovascular toxicity of nicotine: implications for nicotine replacement therapy. *J Am Coll Cardiol* 29, 1422-1431.
- Benowitz, N.L., Jacob, P., 3rd (1994). Metabolism of nicotine to cotinine studied by a dual stable isotope method. *Clin Pharmacol Ther* 56, 483-493.
- Benowitz, N.L., Jacob, P., 3rd (2001). Trans-3'-hydroxycotinine: disposition kinetics, effects and plasma levels during cigarette smoking. *Br J Clin Pharmacol* 51, 53-59.
- Benowitz, N.L., Jacob, P., 3rd, Fong, I., Gupta, S. (1994). Nicotine metabolic profile in man: comparison of cigarette smoking and transdermal nicotine. *J Pharmacol Exp Ther* 268, 296-303.
- Brockmann, M.A., Beythien, C., Magens, M.M., Wilckens, V., Kuehn, P., Gutensohn, K. (2001). Platelet hemostasis capacity in smokers. In vitro function analyses with 3.2% citrated whole blood. *Thromb Res* 104, 333-342.
- Chalon, S., Moreno, H., Jr., Benowitz, N.L., Hoffman, B.B., Blaschke, T.F. (2000). Nicotine impairs endothelium-dependent dilatation in human veins in vivo. *Clin Pharmacol Ther* 67, 391-397.
- Chlopicki, S., Olszanecki, R., Marcinkiewicz, E., Lomnicka, M., Motterlini, R. (2006). Carbon monoxide released by CORM-3 inhibits human platelets by a mechanism independent of soluble guanylate cyclase. *Cardiovasc Res* 71, 393-401.
- Cluette-Brown, J., Mulligan, J., Doyle, K., Hagan, S., Osmolski, T., Hojnacki, J. (1986). Oral nicotine induces an atherogenic lipoprotein profile. *Proc Soc Exp Biol Med* 182, 409-413.
- Crooks, P.A., Dwoskin, L.P. (1997). Contribution of CNS nicotine metabolites to the neuropharmacological effects of nicotine and tobacco smoking. *Biochem Pharmacol* 54, 743-753.
- Davis, J.W., Arnold, J. (1992). Time course of some effects of cigarette smoking on platelets. *J Intern Med* 231, 31-36.
- de Gasparo, M., Catt, K.J., Inagami, T., Wright, J.W., Unger, T. (2000). International union of pharmacology. XXIII. The angiotensin II receptors. *Pharmacol Rev* 52, 415-472.
- Della Corte, A., Tamburrelli, C., Crescente, M., Giordano, L., D'Imperio, M., Di Michele, M., Donati, M.B., De Gaetano, G., Rotilio, D., Cerletti, C. (2011). Platelet proteome in healthy volunteers who smoke. *Platelets* 23, 91-105.
- Eriksson, A.C., Whiss, P.A. (2005). Measurement of adhesion of human platelets in plasma to protein surfaces in microplates. *J Pharmacol Toxicol Methods* 52, 356-365.
- Eriksson, A.C., Whiss, P.A. (2009). Characterization of static adhesion of human platelets in plasma to protein surfaces in microplates. *Blood Coagul Fibrinolysis* 20, 197-206.
- Fusegawa, Y., Goto, S., Handa, S., Kawada, T., Ando, Y. (1999). Platelet spontaneous aggregation in platelet-rich plasma is increased in habitual smokers. *Thromb Res* 93, 271-278.
- Gahring, L.C., Rogers, S.W. (2005). Neuronal nicotinic acetylcholine receptor expression and function on nonneuronal cells. *AAPS J* 7, E885-894.

- Gryglewski, R.J., Korbut, R., Robak, J., Swies, J. (1987). On the mechanism of antithrombotic action of flavonoids. *Biochem Pharmacol* 36, 317-322.
- Hergens, M.P., Alfredsson, L., Bolinder, G., Lambe, M., Pershagen, G., Ye, W. (2007). Long-term use of Swedish moist snuff and the risk of myocardial infarction amongst men. *J Intern Med* 262, 351-359.
- Hung, J., Lam, J.Y., Lacoste, L., Letchacovski, G. (1995). Cigarette smoking acutely increases platelet thrombus formation in patients with coronary artery disease taking aspirin. *Circulation* 92, 2432-2436.
- Kahkonen, M.P., Hopia, A.I., Vuorela, H.J., Rauha, J.P., Pihlaja, K., Kujala, T.S., Heinonen, M. (1999). Antioxidant activity of plant extracts containing phenolic compounds. *J Agric Food Chem* 47, 3954-3962.
- Ljungberg, L.U., Persson, K. (2008). Effect of nicotine and nicotine metabolites on Angiotensin-converting enzyme in human endothelial cells. *Endothelium* 15, 239-245.
- Lupia, E., Bosco, O., Goffi, A., Poletto, C., Locatelli, S., Spatola, T., Cuccurullo, A., Montrucchio, G. (2010). Thrombopoietin contributes to enhanced platelet activation in cigarette smokers. *Atherosclerosis* 210, 314-319.
- Mayhan, W.G., Patel, K.P. (1997). Effect of nicotine on endothelium-dependent arteriolar dilatation in vivo. *Am J Physiol* 272, H2337-2342.
- McAdam, B.F., Byrne, D., Morrow, J.D., Oates, J.A. (2005). Contribution of cyclooxygenase-2 to elevated biosynthesis of thromboxane A₂ and prostacyclin in cigarette smokers. *Circulation* 112, 1024-1029.
- McGrath, T., Brown, A., Meruva, N., Chan, W. (2009). Phenolic compound formation from the low temperature pyrolysis of tobacco. *J Anal Appl Pyrol* 84, 170-178.
- Nair, S., Kulkarni, S., Camoens, H.M., Ghosh, K., Mohanty, D. (2001). Changes in platelet glycoprotein receptors after smoking--a flow cytometric study. *Platelets* 12, 20-26.
- Neunteufl, T., Heher, S., Kostner, K., Mitulovic, G., Lehr, S., Khoschsorur, G., Schmid, R.W., Maurer, G., Stefenelli, T. (2002). Contribution of nicotine to acute endothelial dysfunction in long-term smokers. *J Am Coll Cardiol* 39, 251-256.
- Nowak, J., Andersson, K., Benthin, G., Chen, J., Karlberg, K.E., Sylven, C. (1996). Effect of nicotine infusion in humans on platelet aggregation and urinary excretion of a major thromboxane metabolite. *Acta Physiol Scand* 157, 101-107.
- Perfetti, T., Rodgman, A. (2008). *The Chemical Components of Tobacco and Tobacco Smoke*. [CRC Press]. doi:10.1201/9781420078848.fmatt
- Persson, K., Whiss, P.A., Nyhlen, K., Jacobsson-Strier, M., Glindell, M., Andersson, R.G. (2000). Nitric oxide donors and angiotensin-converting enzyme inhibitors act in concert to inhibit human angiotensin-converting enzyme activity and platelet aggregation in vitro. *Eur J Pharmacol* 406, 15-23.
- Petro, T.M., Anderson, L.L., Gowler, J.S., Liu, X.J., Schwartzbach, S.D. (2002). Smokeless tobacco extract decreases IL-12 production from LPS-stimulated but increases IL-12 from IFN-gamma-stimulated macrophages. *Int Immunopharmacol* 2, 345-355.
- Pfueller, S.L., Burns, P., Mak, K., Firkin, B.G. (1988). Effects of nicotine on platelet function. *Haemostasis* 18, 163-169.
- Pignatelli, P., Di Santo, S., Carnevale, R., Violi, F. (2005). The polyphenols quercetin and catechin synergize in inhibiting platelet CD40L expression. *Thromb Haemost* 94, 888-889.
- Renaud, S., Blache, D., Dumont, E., Thevenon, C., Wissendanger, T. (1984). Platelet function after cigarette smoking in relation to nicotine and carbon monoxide. *Clin Pharmacol Ther* 36, 389-395.

- Riveles, K., Roza, R., Talbot, P. (2005). Phenols, quinolines, indoles, benzene, and 2-cyclopenten-1-ones are oviductal toxicants in cigarette smoke. *Toxicol Sci* 86, 141-151.
- Rubenstein, D., Jesty, J., Bluestein, D. (2004). Differences between mainstream and sidestream cigarette smoke extracts and nicotine in the activation of platelets under static and flow conditions. *Circulation* 109, 78-83.
- Schedel, A., Thornton, S., Schloss, P., Kluter, H., Bugert, P. (2011). Human platelets express functional $\alpha 7$ -nicotinic acetylcholine receptors. *Arterioscler Thromb Vasc Biol* 31, 928-934.
- Shanker, G., Kontos, J.L., Eckman, D.M., Wesley-Farrington, D., Sane, D.C. (2006). Nicotine upregulates the expression of P2Y₁₂ on vascular cells and megakaryoblasts. *J Thromb Thrombolysis* 22, 213-220.
- Strohschneider, T., Oberhoff, M., Hanke, H., Hannekum, A., Karsch, K.R. (1994). Effect of chronic nicotine delivery on the proliferation rate of endothelial and smooth muscle cells in experimentally induced vascular wall plaques. *Clin Investig* 72, 908-912.
- Su, Y., Han, W., Giraldo, C., De Li, Y., Block, E.R. (1998). Effect of cigarette smoke extract on nitric oxide synthase in pulmonary artery endothelial cells. *Am J Respir Cell Mol Biol* 19, 819-825.
- Toivanen, J., Ylikorkala, O., Viinikka, L. (1986). Effects of smoking and nicotine on human prostacyclin and thromboxane production in vivo and in vitro. *Toxicol Appl Pharmacol* 82, 301-306.
- Vainio, P.J., Tornquist, K., Tuominen, R.K. (2000). Cotinine and nicotine inhibit each other's calcium responses in bovine chromaffin cells. *Toxicol Appl Pharmacol* 163, 183-187.
- Wennmalm, A., Benthin, G., Granstrom, E.F., Persson, L., Petersson, A.S., Winell, S. (1991). Relation between tobacco use and urinary excretion of thromboxane A₂ and prostacyclin metabolites in young men. *Circulation* 83, 1698-1704.
- Whiss, P.A., Andersson, R.G., Srinivas, U. (1997). Modulation of P-selectin expression on isolated human platelets by an NO donor assessed by a novel ELISA application. *J Immunol Methods* 200, 135-143.
- Whiss, P.A., Lundahl, T.H., Bengtsson, T., Lindahl, T.L., Lunell, E., Larsson, R. (2000). Acute effects of nicotine infusion on platelets in nicotine users with normal and impaired renal function. *Toxicol Appl Pharmacol* 163, 95-104.
- Wright, B., Moraes, L.A., Kemp, C.F., Mullen, W., Crozier, A., Lovegrove, J.A., Gibbins, J.M. (2010). A structural basis for the inhibition of collagen-stimulated platelet function by quercetin and structurally related flavonoids. *Br J Pharmacol* 159, 1312-1325.

FIGURE LEGENDS

FIGURE1. Effects of various concentrations of nicotine (●), cotinine (■), cotinine-N-oxide (▲), nicotine-1'-N-oxide (▼) and trans-3'-hydroxycotinine (◆) on platelet aggregation induced by 10 μ M adenosine 5-diphosphate (ADP). Data are mean \pm SEM, n = 6 independent experiments performed in duplicates. Statistical significance is described with * p < 0.05 compared with solvent.

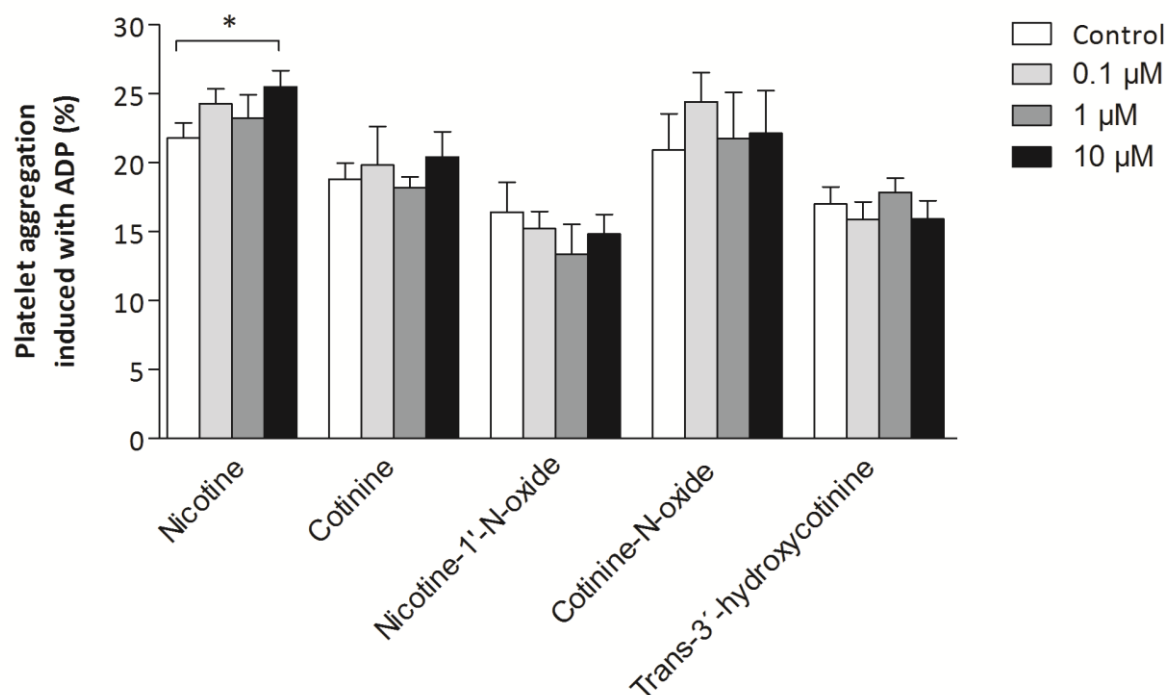


FIGURE 2. Platelet adhesion to collagen (▲), fibrinogen (◆) and albumin (■) after treatment with A) nicotine, B) cotinine, C) trans-3'-hydroxycotinine, D) nicotine-1'-N-oxide, and E) cotinine-N-oxide 0.1-10 μ M. Data are mean \pm SEM, n = 6-10 independent experiments performed in duplicates. Statistical significance is described with * $p < 0.05$, ** $p < 0.01$ compared with solvent.

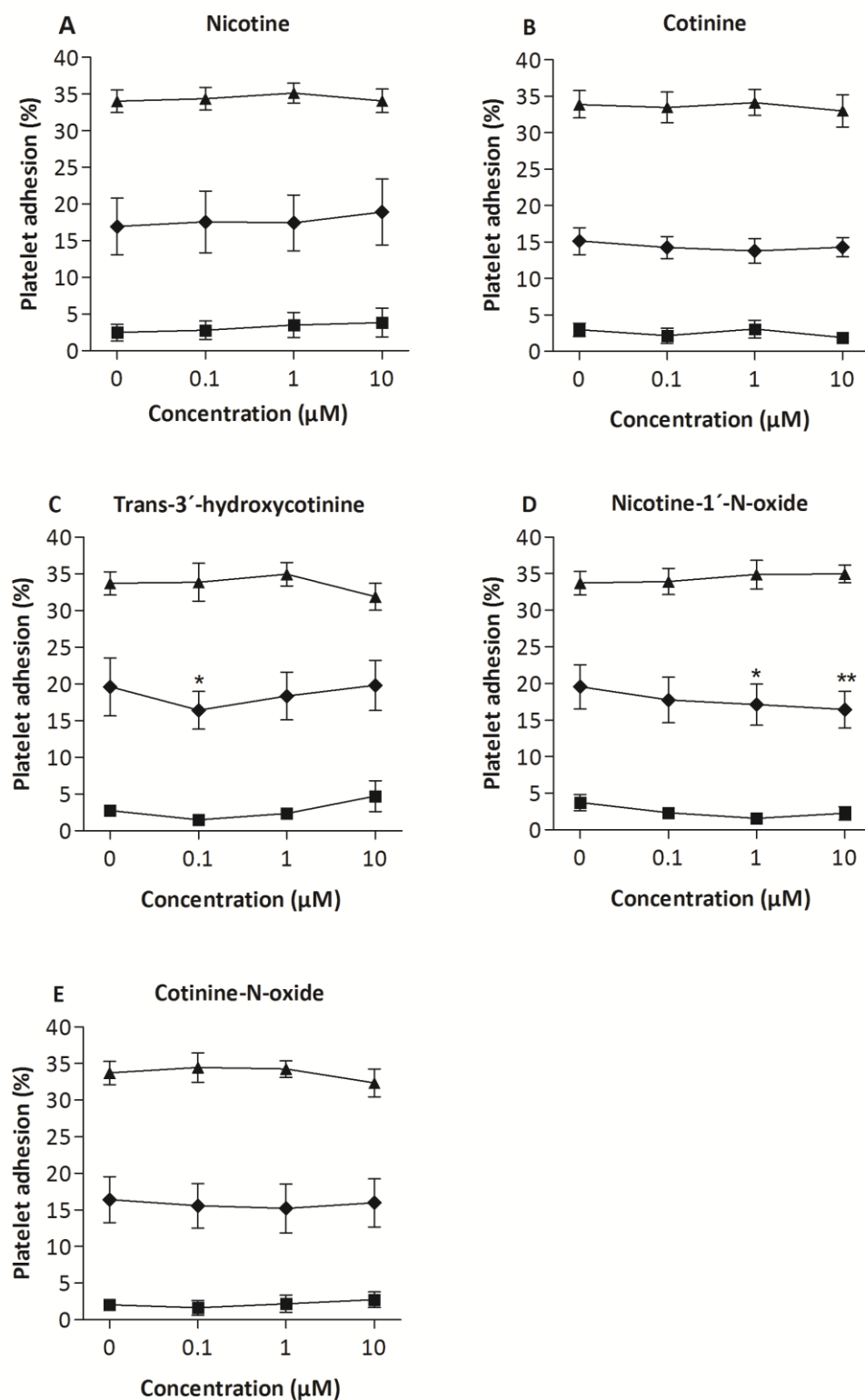


FIGURE 3. Platelet adhesion to collagen (▲), fibrinogen (◆) and albumin (■) after treatment with extract of A) Ettan moist, B) Copenhagen moist, C) Camel cigarette smoke and D) Choice apple. An extract concentration of 100% corresponds to a filtered solution containing 0.1 g Ettan, Copenhagen or Choice apple /ml PBS, while 100% Camel extracts corresponds to 2 cigarettes/10 ml PBS. Data are mean \pm SEM, n = 6 independent experiments performed in duplicates. Statistical significance is described with * $p < 0.05$, ** $p < 0.01$ *** $p < 0.001$ for collagen, # $p < 0.05$, ## $p < 0.01$, ### $p < 0.001$ for fibrinogen, and §§§ $p < 0.01$ for albumin compared with solvent.

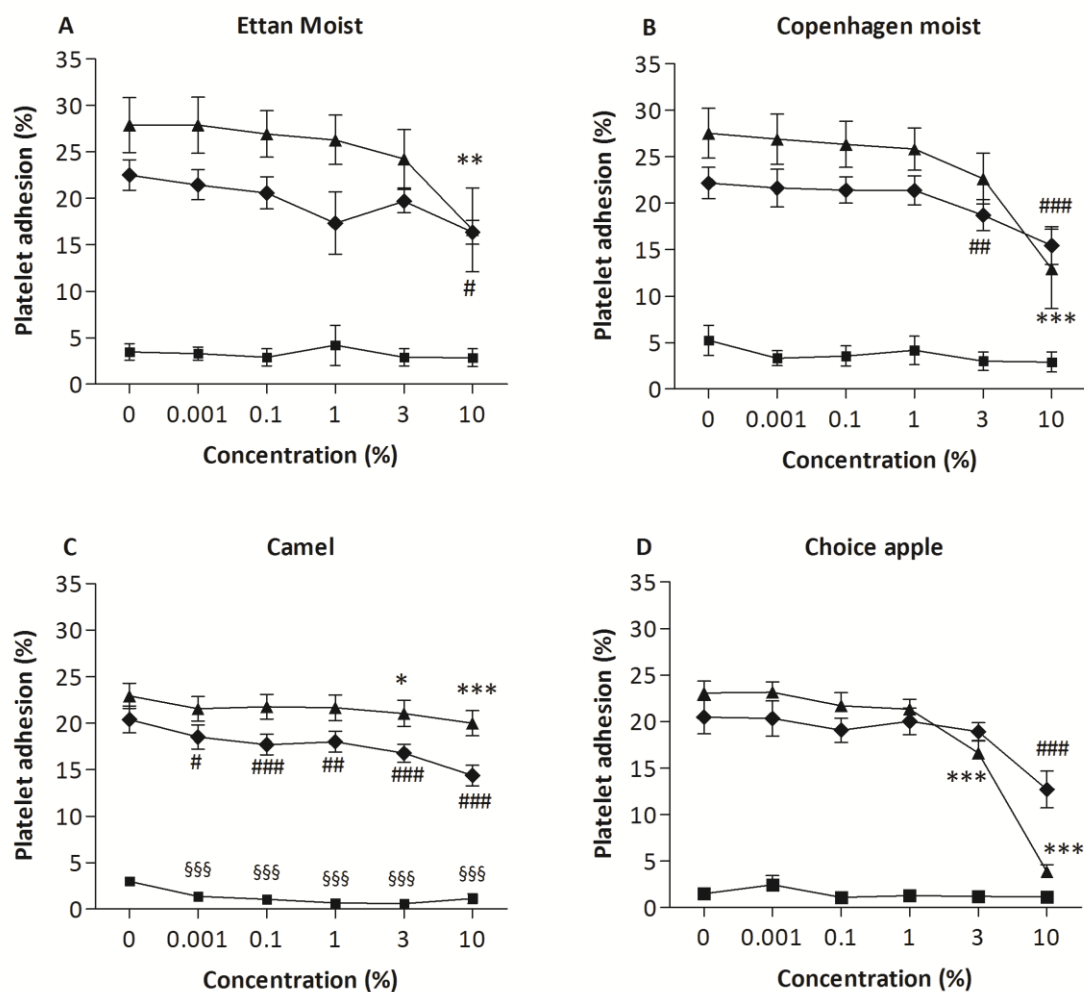
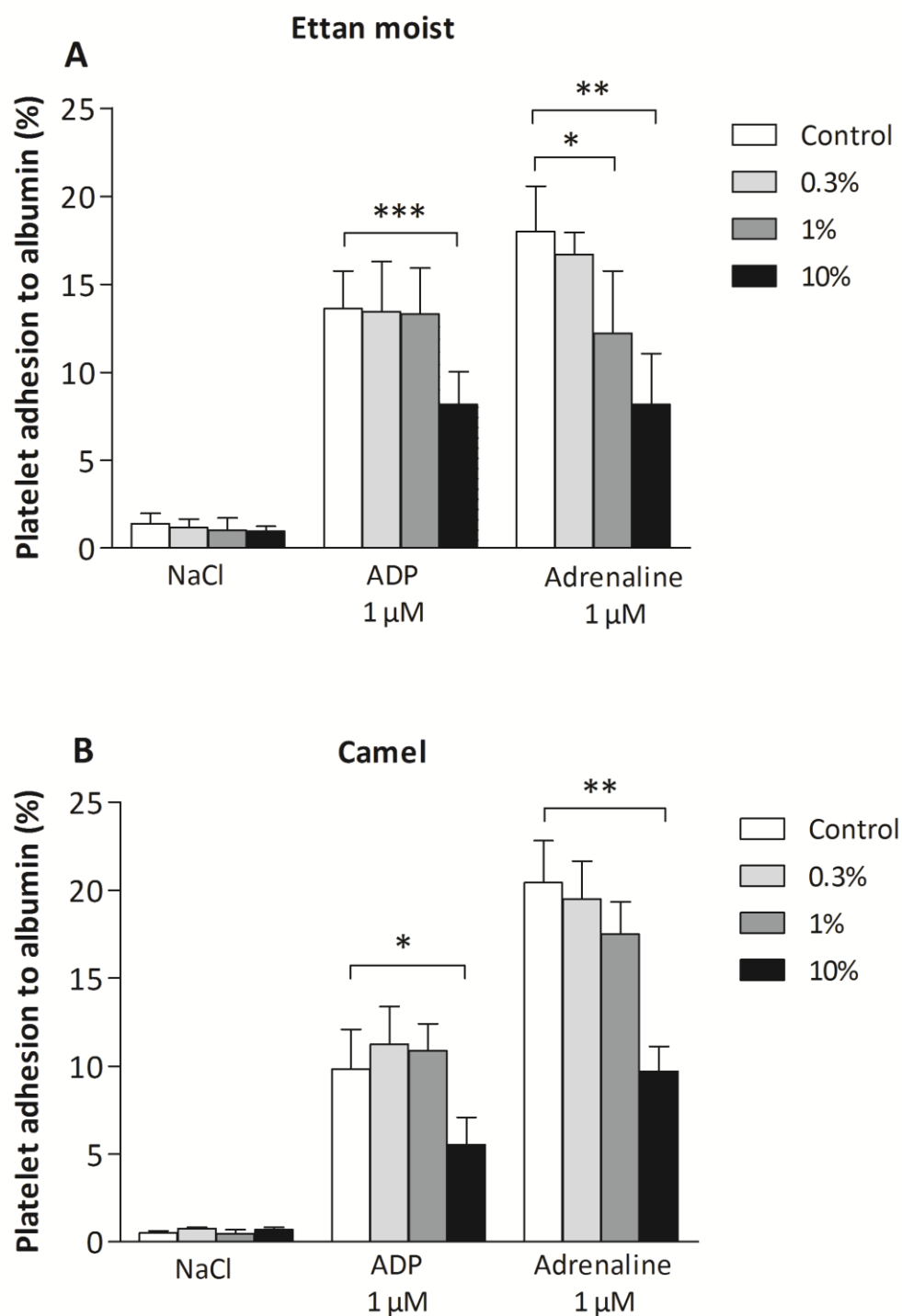
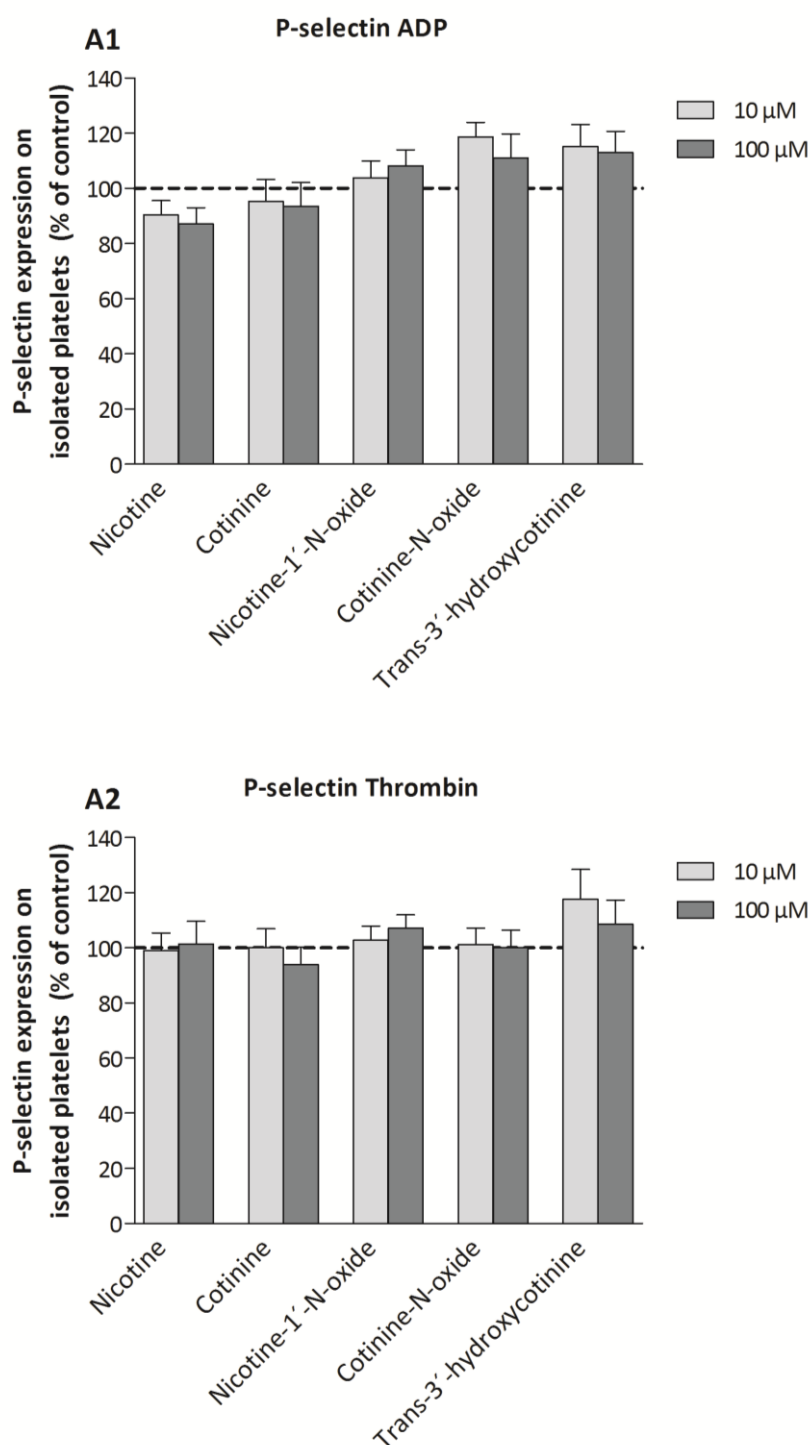


FIGURE 4. Effect of extract of A) Ettan moist, and B) Camel cigarette smoke, on platelet adhesion to albumin after co-incubation with ADP 1 μ M and adrenaline 1 μ M. An extract concentration of 100% corresponds to a filtered solution containing 0.1 g Ettan, Copenhagen or Choice apple /ml PBS, while 100% Camel extracts corresponds to 2 cigarettes/10 ml PBS. Data are mean \pm SEM, n = 3 independent experiments performed in duplicates. Statistical significance is described with * p < 0.05, ** p < 0.01, and *** p < 0.001 compared with solvent.

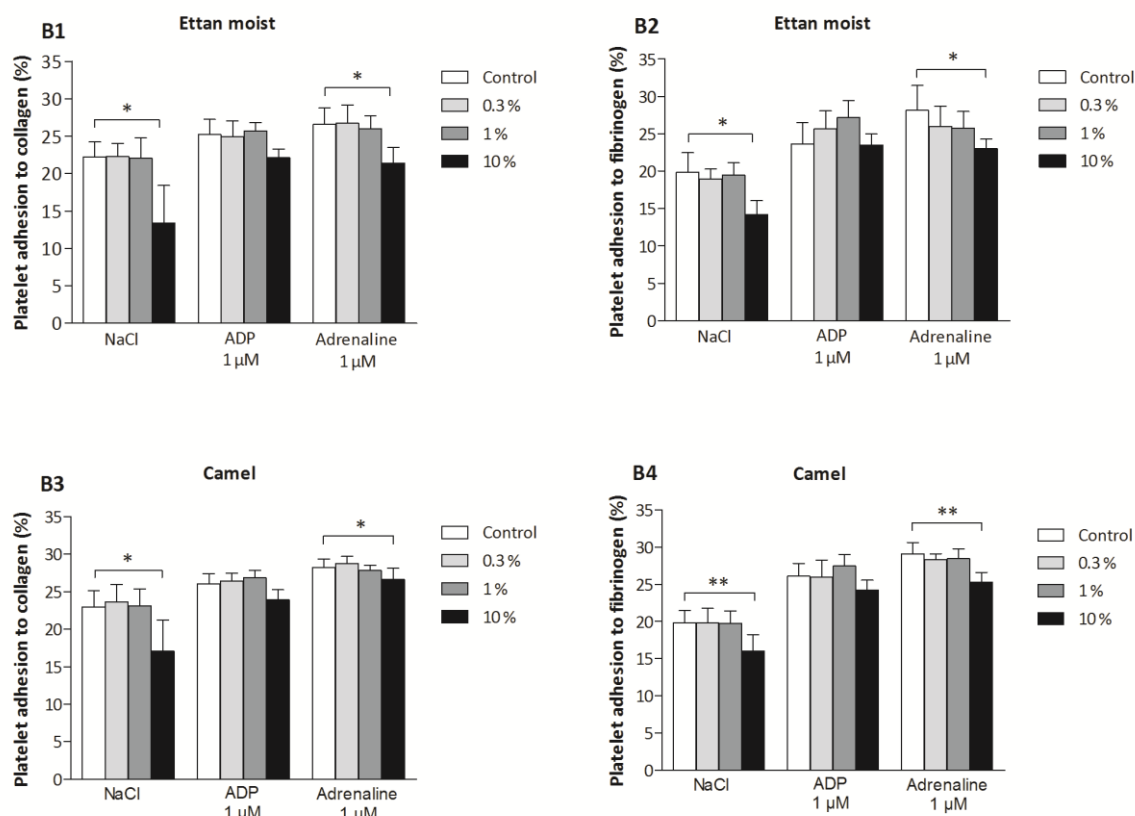


SUPPLEMENTARY FIGURE A



APPENDIX A. Effects of nicotine, cotinine, cotinine-N-oxide, nicotine-1'-N-oxide and trans-3'-hydroxycotinine (10 and 100 μ M) on platelet P-selectin expression induced by A1) 10 μ M adenosine 5-diphosphate (ADP) or A2) 0.1 U/ml thrombin. Data are the mean \pm SEM, n=6 independent experiments performed in duplicates. None of the compounds caused any significant difference as compared with solvent.

SUPPLEMENTARY FIGURE B



APPENDIX B. Effect of extract of B1-B2) Ettan moist, and B3-B4) Camel cigarette smoke, on platelet adhesion to collagen and fibrinogen after co-incubation with ADP 1 μ M and adrenaline 1 μ M. An extract concentration of 100% corresponds to a filtered solution containing 0.1 g Ettan, Copenhagen or Choice apple /ml PBS, while 100% Camel extracts corresponds to 2 cigarettes/10 ml PBS. Data are mean \pm SEM, n = 3 independent experiments performed in duplicates. Statistical significance is described with * p < 0.05 and ** p < 0.01 compared with solvent.

SUPPLEMENTARY FIGURE C

Ingredients list

Ettan moist

Ingredients added to the tobacco

Water
Sodium chloride
Propylene glycol
Glycerol
Sodium carbonate
Flavours

<http://www.swedishmatch.com/en/Our-business/Snus-and-snuff/Ingredients-in-snus/?tab=0>

Copenhagen

Ingredients added to the tobacco

Water
Sodium Chloride
Ethyl Alcohol
Sodium Carbonate
Ammonium Carbonate
Preservatives
Flavours

http://www.ussmokeless.com/en/cms/Products/Ingredients_Nav/Ingredients/Ingredients_by_Brand/Copenhagen/Copenhagen_Snuff_Fine_Cut.aspx

Camel cigarettes

Ingredients added to the tobacco

Water
Glycerol
Brown Sugar
Propylene Glycol
High Fructose Corn Syrup
Sucrose
Cellulose Fibre
Cocoa
Liquorice
Diammonium Phosphate
Ammonium Hydroxide
Flavours

<http://www.rjrt.com/brandcompounds.aspx>

Choice Apple

Herbs
Spices
Flavours

<http://www.nicofree.se/index.asp?!=35>